



Assisting Local Youth Programs

P.O. BOX 16234
DULUTH, MN 55816
(218) 727-0947

GrandmasMarathon.com

COMMITTEE MEMBERS

Alissa Boyhtari
Chairperson
Farmers Insurance

Laura Gubelmann
Northwood Children's Services

Nick Luoma
London Road Rental

Blake Peters
BP Health&fitness, LLC

Jeremy Polson
South Ridge School

Chris Severson
City of Duluth
Parks & Recreation

Louie St. George
Essentia Health

Tony Stensland
Tony Stensland Coaching

Paige Stratioti
AP Training

Bud Trnka
Lightspeed Lift

David Worley
University of Minnesota Duluth

FOR IMMEDIATE RELEASE

Contact: Zach Schneider
Marketing & Public Relations Director
(218) 727-0947
zach@grandmasmarathon.com

728 RUNNERS SET NEW REGISTRATION RECORD AT 2022 SAINT FENNESSY 4K

Curley, Running, Bengston Win Titles at 9th Annual Event in Hermantown

(HERMANTOWN, MINN.) --- A record-high 728 people registered for the 2022 Saint Fennessy 4K, which was held Saturday morning between Hermantown High School and Skyline Social & Games.

684 participants finished the Saint Patrick's Day-themed event, which is the first of the annual local racing calendar for the Young Athletes Foundation. Participants were encouraged to wear their best green outfits, with a costume contest and post-race party at Skyline also part of the event.

Costume contest voting will be open through next week on the Young Athletes Foundation Facebook page, with the following prizes going to the winners:

Best Overall Costume: Free Pair of Running Shoes

Best Group Costume: \$50 Skyline Social & Games Gift Card

Best Kids' Costume: Pot o' Candy & DEFY Duluth Passes

29-year-old John Curley won the men's race with a time of 13:25, one of three finishers inside the 14-minute mark. Last year's men's champion Henry Seeb was more than a minute off the pace, finishing fourth in 14:58.

38-year-old Julie Running, meanwhile, won the women's race with a time of 15:19. She was close to three minutes better than the rest of the field, with runner-up Molly Pennings finishing in 18:11.

For the first time, the 2022 Saint Fennessy 4K offered a non-binary category and 29-year-old Majora Bengston was the winner there with a time of 47:28.

Full results of the 2022 Saint Fennessy 4K can be found [here](#). This 9th annual event is the first of three races in the KP Challenge, which also includes the Fitger's 5K (April 23) and Park Point 5-Miler (July 14).



The 10th annual Saint Fennessy 4K will be held next year on Saturday, March 18, 2023.

###



Assisting Local Youth Programs

P.O. BOX 16234
DULUTH, MN 55816
(218) 727-0947

GrandmasMarathon.com

COMMITTEE MEMBERS

Alissa Boyhtari
Chairperson
Farmers Insurance

Laura Gubelmann
Northwood Children's Services

Nick Luoma
London Road Rental

Blake Peters
BP Healthfitness, LLC

Jeremy Polson
South Ridge School

Chris Severson
City of Duluth
Parks & Recreation

Louie St. George
Essentia Health

Tony Stensland
Tony Stensland Coaching

Paige Stratioti
AP Training

Bud Trnka
Lightspeed Lift

David Worley
University of Minnesota Duluth

ABOUT THE YOUNG ATHLETES FOUNDATION (YAF)

Created in 1990, this arm of Grandma's Marathon allows us to support community members and local businesses to provide pathways of opportunity for kids to live active and healthy lifestyles. The YAF offers a variety of community grants and youth programming, including our Grant Program, Running Shoe Program, UMD Eleanor Rynda Scholarship Fund, and kids' programming including Wednesday Night & Saturday Morning at the Races.

In addition, the YAF's mission is helped and funded by various races throughout the year --- St. Fennessy 4K, Fitger's 5K, Park Point 5-Miler, Minnesota Mile, and North End Nightmare.

Since its inception, the YAF has contributed more than \$1 million to area nonprofit youth athletic organizations.

