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## **DOCHERTY SCARES RECORD, ROSS-SONNESYN WINS FOR FIRST TIME ON PARK POINT**

*589 Participants in 2023 Park Point 5-Miler & 2-Mile Walk*

**(DULUTH, MINN.)** --- Daniel Docherty and Marit Ross-Sonnesyn won the men's and women's titles on Thursday evening at the 52<sup>nd</sup> annual Park Point 5-Miler & 2-Mile Walk in Duluth.

Docherty, who won for the second straight year and third time overall, came close to breaking the event record that had stood since 1975. The 33-year-old Docherty, from St. Paul, Minn., finished in 24:19 and was just four seconds slower than Steve Hoag's record of 24:15 that has stood for nearly five decades.

Munir Isahak was the men's runner-up, finishing just nine seconds behind Docherty in a time of 24:28.

Ross-Sonnesyn, meanwhile, won the women's event with a time of 30:06. The 29-year-old from Minneapolis, Minn. was making her second appearance at the event after finishing in sixth place last summer.

Kate Eggers-Leaf was the women's runner-up, finishing 35 seconds behind Ross-Sonnesyn with a time of 30:41.

A pair of people from Grand Marais, Minn., meanwhile, won the 2-mile walk division on Thursday evening – 71-year-old Will Loew-Blosser won the men's race in 21:47, while 72-year-old Anne Hegg successfully defended her women's title with a time of 26:40.

504 people participated in the 5-mile run with another 85 completing the 2-mile walk, making this the largest turnout for the event since 2017.

Full results of the 2023 Park Point 5-Miler & 2-Mile Walk can be found [HERE](#).



For any questions or interview requests, please contact Marketing & Public Relations Director Zach Schneider via phone at (218) 343-9874 or via email at [zach@grandmasmarathon.com](mailto:zach@grandmasmarathon.com).

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ABOUT THE YOUNG ATHLETES FOUNDATION (YAF)

Created in 1990, the Young Athletes Foundation (YAF) works to support the growth and development of youth athletics throughout northeast Minnesota and northwest Wisconsin by assisting community members and local businesses to provide pathways of opportunity for kids to live active and healthy lifestyles.

The YAF offers community support in a variety of ways, including our Grant Program, Running Shoe Program, and UMD Eleanor Rynda Scholarship Fund. The organization also hosts several kids' events throughout the year including Wednesday Night & Saturday Morning at the Races.

The YAF's mission is helped and funded by various road races throughout the year --- the St. Fennessy 4K, Fitger's 5K, Park Point 5-Miler, Minnesota Mile, and North End Nightmare.

Since its inception, the YAF has contributed more than \$1.3 million to area nonprofit youth athletic organizations.

