



A GRANDMA'S MARATHON PROGRAM | P.O. BOX 16234, DULUTH, MINNESOTA 55816 | (218) 727-0947 | [GrandmasMarathon.com](http://GrandmasMarathon.com)

## FOR IMMEDIATE RELEASE

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# REGISTRATION NOW OPEN FOR SATURDAY MORNING AT THE RACES SERIES

*YAF, Local Colleges to Host Free Kids' Events This Winter*

**(DULUTH, MINN.)** --- Registration is now open for the popular Saturday Morning at the Races series, which will again be hosted by the Young Athletes Foundation (YAF) throughout this winter.

The YAF will again partner with three area colleges to host these free kids' events throughout January and February, providing opportunity for our region's children to continue living healthy and active lifestyles even through the year's colder months.

The full 2023 Saturday Morning at the Races schedule is listed below:

**January 7** – College of Saint Scholastica

*Burns Wellness Commons – 1200 Kenwood Avenue, Duluth, MN 55811*

**January 21** – University of Minnesota Duluth

*Ward Wells Fieldhouse – 1228 University Drive, Duluth, MN 55812*

**February 4** – University of Wisconsin Superior

*Marcovich Wellness Center – 1810 Catlin Avenue, Superior, WI 54880*

The Saturday Morning at the Races series is free and open to all children ages 14 and under, with adaptive and wheelchair athlete opportunities available at all locations.



Participants, based on age, will have the opportunity to complete either a 1/8-mile, a 1/4-mile, or a 1/2-mile course, and every child will also receive a T-shirt co-branded with that weekend's college partner.

Races will start at 10:00 a.m. each week, and participants will be separated into different heats based on the number of kids in any specific age group.

Anyone interested in participating can click [HERE](#) to register in advance. On-site registration will also be available each week starting at 9:00 a.m.

More information about the Saturday Morning at the Races series, as well as other YAF events and programs, can be found at [youngathletesfoundation.com](http://youngathletesfoundation.com).

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#### ABOUT THE YOUNG ATHLETES FOUNDATION (YAF)

Created in 1990, this charitable arm of Grandma's Marathon allows us to support community members and local businesses to provide pathways of opportunity for kids to live active and healthy lifestyles. The YAF offers a variety of community grants and youth programming, including our Grant Program, Running Shoe Program, UMD Eleanor Rynda Scholarship Fund, and kids' programming including Wednesday Night & Saturday Morning at the Races.

In addition, the YAF's mission is helped and funded by various races throughout the year --- Saint Fennessy 4K, Fitger's 5K, Park Point 5-Miler, Minnesota Mile, and North End Nightmare.

Since its inception, the YAF has contributed more than \$1.3 million to area nonprofit youth athletic organizations.

