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14-YEAR-OLD WINNER HIGHLIGHTS 5TH ANNUAL NORTH END NIGHTMARE 5K

521 Participants in Annual Halloween Race in Superior's North End

(SUPERIOR, WIS.) --- 14-year-olds Cooper Lucarelli and Matthew Strukel were the first across the finish line Saturday at the North End Nightmare 5K, highlighting the second-largest field in the event's five-year history.

Lucarelli won the men's race with a time of 19:07, edging Strukel who finished 43 seconds back as the runner-up. Those two, both from Hermantown, Minn., led a men's top 10 that featured eight participants aged 18 or under.

Melissa Severson, meanwhile, won the women's race with a time of 21:01. From Preston, Minn., Severson beat runner-up Calla Gil.934bertson by 1:16.

There were 521 total finishers on Saturday morning, with this year's field trailing only the race's inaugural year (863 finishers in 2019) in terms of overall size.

The North End Nightmare 5K is the final race of the annual calendar for the Young Athletes Foundation (YAF), with all proceeds benefitting the foundation and returning to the community through a series of grants, scholarships, and kids' programming.

For any questions or interview requests, please contact Marketing & Public Relations Director Zach Schneider via phone at (218) 343-9874 or via email at zach@grandmasmarathon.com.

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ABOUT THE YOUNG ATHLETES FOUNDATION (YAF)

Created in 1990, the Young Athletes Foundation (YAF) works to support the growth and development of youth athletics throughout northeast Minnesota and northwest Wisconsin by assisting community members and local businesses to provide pathways of opportunity for kids to live active and healthy lifestyles.



The YAF offers community support in a variety of ways, including our Grant Program, Running Shoe Program, and UMD Eleanor Rynda Scholarship Fund. The organization also hosts several kids' events throughout the year including Wednesday Night & Saturday Morning at the Races.

The YAF's mission is helped and funded by various road races throughout the year --- the St. Fennessy 4K, Fitger's 5K, Park Point 5-Miler, Minnesota Mile, and North End Nightmare.

Since its inception, the YAF has contributed more than \$1.3 million to area nonprofit youth athletic organizations.

