



**FOR IMMEDIATE RELEASE**

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## **REGISTRATION OPENS FOR 2024 SATURDAY MORNING AT THE RACES**

*Kids' Races Again Planned in Partnership with Local Colleges*

**(DULUTH, MINN.)** --- Registration has opened for the popular Saturday Morning at the Races series, which provides an opportunity for hundreds of area kids to stay active during the winter months.

The Young Athletes Foundation (YAF) and Grandma's Marathon will partner with three area colleges this winter for the 2024 series, giving help to our region's children in living healthy and active lifestyles.

This year's full Saturday Morning at the Races schedule is listed below:

**January 6** – College of Saint Scholastica (CSS)

*Burns Wellness Commons – 1200 Kenwood Avenue, Duluth, MN 55811*

**January 20** – University of Minnesota Duluth (UMD)

*Ward Wells Fieldhouse – 1228 University Drive, Duluth, MN 55812*

**February 3** – University of Wisconsin Superior (UWS)

*Marcovich Wellness Center – 1810 Catlin Avenue, Superior, WI 54880*

The Saturday Morning at the Races series is free and open to all children ages 14 and under, with adaptive and wheelchair athlete opportunities available at all locations. Last year, the three-event series saw close to 1,000 total participants.

Based on age, participating kids will have the opportunity to complete either a 1/8-mile, a 1/4-mile, or a 1/2-mile course, and every child will also receive a T-shirt co-branded with that weekend's college partner.

Races start each event day 10:00 a.m., and participants will be separated into different heats based on the number of kids in any specific age group. Ski Hut staff members will also host balance bike races prior to the start of the running event.

Those interested in participating are encouraged to sign up in advance online, which they can do [HERE](#). On-site registration will also be available at each event beginning at 9:00 a.m.

For any questions or interview requests, please contact Marketing & Public Relations Director Zach Schneider via phone at (218) 343-9874 or via email at [zach@grandmasmarathon.com](mailto:zach@grandmasmarathon.com).

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ABOUT THE YOUNG ATHLETES FOUNDATION (YAF)

Created in 1990, the Young Athletes Foundation (YAF) works to support the growth and development of youth athletics throughout northeast Minnesota and northwest Wisconsin by assisting community members and local businesses to provide pathways of opportunity for kids to live active and healthy lifestyles.

The YAF offers community support in a variety of ways, including our Grant Program, Running Shoe Program, and UMD Eleanor Rynda Scholarship Fund. The organization also hosts several kids' events throughout the year including Wednesday Night & Saturday Morning at the Races.

The YAF's mission is helped and funded by various road races throughout the year --- the Saint Fennessy 4K, Fitger's 5K, Park Point 5-Miler, Minnesota Mile, and North End Nightmare 5K.

Since its inception, the YAF has contributed more than \$1.3 million to area nonprofit youth athletic organizations.

